

Common Overused Words to check for (from Diana Urban)

Really	Very
That	Just
Then	Totally
Completely	Absolutely
Literally	Definitely
Certainly	Probably
Actually	Basically
Virtually	Start
Begin	Began
Begun	Rather
Quite	Somewhat
Somehow	Said
Replied	Ask
Whispered	Down
Up	Wonder
Ponder	Think
Thought	Feel
Felt	Understand
Realize	Understood
Breath	Reach
Inhale	Exhale
Shrug	Nod
Fill the empty cells with your unique overused words	
You can find these by running your manuscript through WordClouds.com	
The results will give you a list of words and how many times it was detected in the MS	
I will look at any word with over 100 uses and try to rework the sentence to remove at least 25%	
On average, I remove about 50%	
If less than 10 uses, I don't bother	